



January 2006 – Resource Update

IN THIS ISSUE – CLICK TO GO DIRECTLY TO SECTION

- [WCPCAN News](#)
- [Conferences & Trainings](#)
- [Policy, Advocacy & Legislative Information](#)
- [Federal Priorities: Marriage and Disabilities](#)
- [Sustainability & Resource Opportunities](#)
- [Priority Topic: Parent Education](#)
- [Priority Topic: Home Visiting & 0-3 Services](#)
- [Priority Topic: Child/Youth Involvement](#)
- [Priority Topic: Health & Mental Health](#)
- [Priority Topic: Management & Organizational Issues](#)
- [Special Topic: Cultural Connections](#)
- [General Prevention](#)
- [Announcements](#)

Some website addresses have been edited to say "click here" because the length of the link interferes with the newsletter format. If you cannot click on the link, contact Kristen Rogers at rogerkr@dshs.wa.gov and she can give you the full address.

WCPCAN News

Stay Informed About the State Legislative Session

WCPCAN will again be offering a "Legislative Update" much like the Resource Update (but shorter) detailing legislative agenda items that impact child abuse and neglect prevention and children and families in this state. The Update, sent out once a week during session, will have a short synopsis of any bills of interest and information about where they are in the process. If you would like to receive the Legislative Update, please contact Kristen Rogers at: rogerkr@dshs.wa.gov.

Community Forum on Reframing Child Abuse & Neglect Prevention Coming In March

Existing messages about the need to prevent child abuse and neglect may not only reinforce mistaken beliefs, but even alienate the very audiences advocates hope to reach, concluded research commissioned by Prevent Child Abuse America (PCAA). On **Friday, March 10**, WCPCAN will host a community forum/work session on child abuse and neglect prevention reframing featuring national expert Kevin Kirkpatrick, who led PCAA's work on this important topic. Kevin will review the findings of the reframing research conducted by the FrameWorks Institute and Public Knowledge and Cultural Logic and lead a working session on how they can best be applied to advance child abuse and neglect prevention in Washington. See www.wcpcan.wa.gov/files/Reframing%20Child%20Abuse%20Messages.doc for WCPCAN's one-pager on reframing. The exact times and location are still being worked out, but if you think this opportunity would benefit your organization's work, let us know by e-mailing wcpcan@dshs.wa.gov & we will hold a spot for you & provide details as they become available.

Help Shape Washington's Efforts to Strengthen Parental Relationships

On **Thursday, March 16**, WCPCAN will host national Healthy Marriage Initiative expert Theodora Ooms for a community conversation about what efforts to strengthen parental relationships/marriages make the most sense for Washington. Ooms, a senior policy analyst at the Center for Law and Social Policy, has written extensively on the topic and has first hand knowledge of Healthy Marriage initiatives currently underway across the country. (See www.clasp.org/publications/newkid_marr_ed_annotated.pdf &

www.clasp.org/publications/beyond_marr.pdf for two of Ooms' recent articles on the topic.) This session follows up on WCPCAN's Nov. 16 event, "Healthy Relationships, Healthy Families: A Forum on Marriage" but no previous involvement is required. Attendance will be limited. Would you like to help set the course for WCPCAN's/Washington's future efforts in this arena? Come to the March 16 session and add your expertise/voice! E-mail wcpcan@dshs.wa.gov & we'll provide info re: meeting time & location as details are confirmed.

WCPCAN in the News

WCPCAN was in the news twice last month. An article on parenting written by Teresa Wippel discussed our event "Healthy Relationships, Healthy Families: A Forum on Marriage" was in the December issue of ParentMap. To read the full article, go to: www.parentmap.com/dec_05/1205_4.htm. In addition, the Seattle Times did an article about our new Heirloom Birth Certificate. To read the full article, go to: seattletimes.nwsources.com/html/localnews/2002657148_certificate01m.html.

Conferences and Trainings

Conferences

Washington State Grants Summit

January 30th – 31st 2006, Seattle, Washington

This conference will help you learn best practices to identify and manage grants. It will also teach you how to write effective grant proposals to meet new performance auditing and transparency standards. In addition you will learn how to: measure and report outcomes - develop performance goals, timelines and strategies for outcomes that are difficult to measure; identify new funding opportunities - learn from Washington State grant managers about how to obtain existing grants; comply with federal auditing rules - understand applicable legislation and compliance issues as well as the links between direct and indirect costs; and utilize new evaluation tools - design evaluation criteria that will assist in measuring and correcting program performance. For more information or to register, go to: www.performanceweb.org.

The Washington Conference for Women

February 8th, 2006, Tacoma, Washington

February 9th, 2006, Everett, Washington

February 10th, 2006, Seattle, Washington

Now more than ever, you have unlimited potential when it comes to what you can achieve. All it takes is the right attitude, the right plan, the right opportunities, and the right tools. Getting it "right" is exactly what this unique, day-long event is all about. It's specially designed to give you the powerful information and profound insights that will make a lasting, positive impact on your life. This illuminating day is filled with 10 practical, idea-packed sessions. And between workshops, you'll experience meaningful networking at its best. For more information or to register, go to: www.skillpath.com/seminfo.html/st/CONW.

Blueprints Conference 2006

March 13th – 15th 2006, Denver, Colorado

This first-of-its-kind, 3-day conference will showcase programs that have been identified by the Blueprints for Violence Prevention Initiative as being highly effective in reducing adolescent violent crime, aggression, delinquency, and substance abuse. This conference will provide an opportunity for researchers, prevention experts, program designers, program implementers, local and state prevention advocate, and funders to share ideas and knowledge and discuss and create solutions for common problems, and motivate the field to adopt evidence-based programs. For more information or to register, go to: www.blueprintsconference.com.

Beyond the Birth: Current Trends in Treating Perinatal and Postpartum Mood Disorders

April 27th 2006, Talaris Conference Center, Seattle, Washington

Postpartum Support International is proud to present this conference entitled: Beyond the Birth, Current Trends in Treating Perinatal and Postpartum Mood Disorders. The training will cover: mobilization of support systems; current trends in medical management; the pediatrician's role in screening for PPMD's; the impact of child sexual abuse on PPMD's; and a panel of recovered mothers and fathers. For more information, go to: www.wcpcan.wa.gov/files/PSI%20Conference%20Post%20Card.pdf.

Call for Proposals: Zero to Three 21st National Training Institute (NTI)

December 1st - 3rd, 2006 Albuquerque, New Mexico

Zero to Three incites submissions for presentations and posters that can be categorized into one of the broad topic areas with which NTI attendees are most concerned: Policy; Research; Training and Professional Development; Program Design and Management / Leadership; Clinical Practice; Child Development and Health. Call for Proposals Deadline: January 30, 2006. For more information and to submit proposals, go to: www.zerotothree.org.

Trainings and Workshops

Effective Communication with Legislators

January 6th, 2006 9am – 12pm

The Evergreen State College MPA Alumni Association announces a workshop to help people work more effectively with their legislators. “Effective Communication with Legislators (or, How do I get these people to listen to me??)” will help public and nonprofit administrators and concerned citizens make their voices heard with their elected officials. Topics will include: How does the legislature make decisions? How and why to communicate with legislators and legislative staff; How to write and deliver effective testimony; Letters, phone calls, emails, personal visits – what works? The training will be held at Conference G3 General Administration Building 210 11th Avenue SW (a little north of the Capitol Building) Olympia. The fee for the workshop is \$85.00. All proceeds from the workshop will go to the MPA Alumni Scholarship Fund. Participation is limited, so register early! For more information or a registration form, go to:

www.evergreen.edu/mpa/legislators.htm, or call Mary McGhee at (360) 867-6554, or email mcgheem@evergreen.edu.

Tapping the Power of Collaboration: Building Effective Partnerships Inside and Out

January 12th, 2006 9am – 4:30pm

Engage in this full day interactive workshop and explore the principles of collaboration, including trust, listening, appreciation of diverse points of view and the ability to work with people toward a common goal. Learn and gain strategies and tools that enhance collaborative partnerships, including ways to incite diverse opinion from team members, active listening, conflict resolution and feedback skills. This workshop will also feature an interactive panel discussion on collaborative “best practices”. For more information or to register, go to: www.learningconnections.org/coalition/workshops/jan12/index.htm.

Crossing Borders: Understanding How to Better Work with Immigrant and Refugee Victims of Domestic Violence

January 25th and 26th, 2006, Gig Harbor, Washington

The Washington State Coalition Against Domestic Violence in partnership with The Washington Coalition of Sexual Assault Programs and the Office of Crime Victims Advocacy is presenting a 2-day training. This training will be a space for critical thinking, learning information about immigration laws, protection orders, sexual assault and stalking and developing practical skills for better working with immigrant and refugee domestic violence victims. This training is free. For more information, go to: www.wscadv.org.

The Ultimate Trainer

April 4th – 6th 2006, Seattle, Washington

Learn the basics of training development and delivery! Particularly designed for victim service providers and allied professionals who do not have a formal background or extensive experience in adult education or instructional design. For more information, or to register, go to: www.ovcttac.org/calendar/training.cfm.

Policy, Advocacy, and Legislative Information

Stay Informed About the State Legislative Session

WCPCAN will again be offering a “Legislative Update” much like the Resource Update (but shorter) detailing legislative agenda items that impact child abuse and neglect prevention and children and families in this state. The Update, sent out once a week during session, will have a short synopsis of any bills of interest and information about where they are in the process. If you would like to receive the Legislative Update, please contact Kristen Rogers at: rogerkr@dshs.wa.gov.

Helping Young Children Succeed

This joint research and policy report developed by Zero to Three and the National Conference of State

Legislatures describes how state policymakers can support the healthy social-emotional development of young children from birth to age five. The brief defines early childhood social-emotional development; describes what can happen when children face emotional and behavioral problems; and outlines what actions can be taken at the state level to support healthy social-emotional development in babies and young children. The report is available at:

www.zerotothree.org/policy/helping%20young%20children%20succeed%20final.pdf.

Spending Smarter: A Funding Guide for Policymakers and Advocates to Promote Social and Emotional Health and School Readiness

This guide from the National Center for Children in Poverty will help state and community policymakers, agency officials, families, and other advocates to more effectively address the social and emotional challenges that prevent early school success. It includes a companion report that targets vulnerable young children, and a checklist to strengthen early childhood mental health and early intervention capacity. For more information, go to: www.nccp.org/index.html.

CLASP Federal Budget Reconciliation Page

As Congress finalizes the fiscal year 2006 federal budget, it is contending with a House of Representatives reconciliation bill that includes serious cuts to programs affecting low-income families, children, and youth. The Center for Law and Social Policy (CLASP) has created this page to provide a clear overview of the major provisions that affect low-income families, and links to their own analyses and others available online. For more information, go to: www.clasp.org/federal_budget/index.htm.

Lessons Learned from Legislative Battle over Anti-Advocacy Language

In every legislative fight, there are challenges every nonprofit must face. Whether it is how to frame the debate or how you pick leadership of a coalition, most legislative advocacy efforts include these challenges. A recent legislative battle in the House provides illustration of a few issues you may encounter. For more information, go to: www.npaction.org/article/articleview/650/1/234.

Federal Priorities: Marriage and Disabilities

Faith and Family in America

Over the last 50 years, our society has undergone huge demographic shifts with regards to the family. In the year 2000, nearly half of all Americans lived in a home where the head of household was unmarried: in the 1950s, 78 percent lived with a married head of household. Family size has also decreased, as families increasingly choose to have fewer children, or parents choose to go it alone, without another adult. There is no doubt that the "traditional" organization of family around a nuclear unit has changed and our nation is dealing with the consequences. This study takes on these changes exploring issues of family, marriage, and parenting in the context of American's religious life. Findings include: Americans hold a flexible definition of the family. Family can be about immediate relations, but for many it is also about love, togetherness, and caring for those held dear; Only one-third of Americans define a family in the most traditional sense as a "mother, father, and children," or "a husband, wife, and children;" At the same time, many Americans aspire to the idea of marriage and kids. They also realize that the reality does not always live up to the fairy tale. Even the most devout acknowledge that divorce may be necessary and that cohabitation can be acceptable; and Americans view family as something quite personal. When it comes to government initiatives, most parents would prefer the government to stay away from matters of the home and family. This article is from: Greenberg Quinlan Rosner Research and Religion and Ethics Newsweekly 2005. To read the full article summary, go to:

www.pbs.org/wnet/religionandethics/week908/cover.html.

Everyday Law for Individuals with Disabilities – Book release

Everyday Law for Individuals with Disabilities serves as a practical guide to disability discrimination law for individuals with disabilities. Covering a wide range of issues faced by individuals with different kinds of disabilities, it not only describes those individuals' legal rights but also suggests solutions to disability discrimination issues that are more practical and less expensive than filing a lawsuit. For more information, go to: www.paradigmpublishers.com/node/133.

Researchers Look to Predict Developmental Difficulties in Babies

The Boston Globe recently reported that brain scientists are experimenting with tests to show in infancy whether a child will later develop autism, trouble speaking, or even problems reading. Scientists at

Rutgers University in New Jersey report that they can predict with 90 percent accuracy whether a 6-month-old will have speech problems by age 3. In theory, such early diagnoses would allow for early intervention when the brain is most malleable. However, it could also result in children being given labels that later prove inaccurate. To read the full article, [click here](#).

Sustainability and Resource Opportunities

GRANT OPPORTUNITY: Brookdale Foundation – Relatives as Parents Program (RAPP)

RAPP is designed to encourage and promote the creation or expansion of services for grandparents and other relatives who have taken on the responsibility of surrogate parenting due to the absence of the parents. The RAPP Local Initiative enables local agencies to: Provide accessible support groups and other supportive services to relative caregivers and the children in their care; Encourage cooperation and collaboration among various service-delivery systems (i.e., child care, mental health, aging, family services, education, legal, and health care); Ensure the development, expansion, and future continuity of local services; or create replicable models of service. For more information about how to apply, go to: www.brookdalefoundation.org/relativesasparents.htm.

The National Center on Child Abuse Prevention Research

In 1986, with the support of the Skillman Foundation, the National Center on Child Abuse Prevention Research was established to: address the need for a systematic effort to document effectiveness of specific child abuse prevention programs; and to disseminate this information to the field. Since it was founded, the Research Center: has been the leading source of national data on child abuse reports and fatalities; provides training and consulting services to numerous organizations; and has led the way in program evaluation, program development and the establishment of child abuse prevention policies. Evaluations have been completed for a wide range of public institutions such as the U.S. Armed Forces and the U.S. Department of Health and Human Services as well as major private research foundations such as Annie E. Casey Foundation, the William Penn Foundation and W.T. Grant Foundation. Currently, the Research Center works to enhance the link between research and practice by evaluating prevention strategies, and by disseminating information about child maltreatment and its prevention across the country. For more information, go to: www.preventchildabuse.org/learn_more/research.html.

Federal Funds for Organizations Helping Those in Need

The USDA's Office of Faith-Based and Community Initiatives is offering this online grants catalog to help faith-based and community organizations find suitable federal grant opportunities. And here's a tip – contact the contact person to learn more about each program and its application process. For more information, go to: www.whitehouse.gov/government/fbci/grants-catalog-additional.html.

GRANT OPPORTUNITY: Office of Family & Community Partnerships

The Seattle Public Schools' Office of Family and Community Partnerships has announced a Request for Proposals from community organizations interested in partnering with elementary schools to involve diverse families in education. Research consistently shows that schools that link family involvement practices to academic goals and view families and communities as true partners, enjoy improved student performance and attendance, and fewer discipline problems. This is true particularly of schools with large percentages of low-income students and/or students of color. Integrated, culturally relevant family involvement school policies and practices have also been shown to increase the involvement of families in the education of their children and contribute to the closure of the achievement gap. The City of Seattle has identified family and community involvement in education as one of the investment areas for the 2005-2012 Families and Education Levy Funds. There will be an information meeting for grant-seekers that will take place at the John Stanford Center – 24445 3rd Ave South Seattle, WA 98124 on Thursday, January 5th 2006 from 10am – 12pm. To learn more about the grant itself, go to: www.wcpca.wa.gov/Files/RFP%20for%20CBOs.doc. For the grant application, go to: www.wcpca.wa.gov/Files/CBO%20grant%20application.doc.

Promising Practices Catalog

The Finance Project has created a Promising Practices Catalog. This resource is designed to help you learn about exciting programs, practices, and initiatives across the country that aim to improve the futures of children, families and communities. This catalog will help you learn what is happening elsewhere and develop innovative ideas for implementing, financing, and sustaining effective programs. This easy-to-search online collection includes 945 promising practices profiled by The Finance Project in their main

areas of work: Children & Family Services; Children & Youth At Risk; Economic Success for Families and Communities; Education Reform; Financing Strategies; Sustainability Strategies; and Service Delivery and Management Strategies. To view the catalog, go to: www.financeproject.org/irc/promising.asp.

GRANT OPPORTUNITY: RGK Foundation

The RGK Foundation awards grants in the broad areas of education, community, and medicine/health. Within community, the foundation supports a broad range of human services, youth development, and community improvement programs. Human services programs of particular interest to the foundation include early childhood development, parenting education, and domestic violence and abuse prevention/services. While the foundation does award some grants of more than \$25,000, it anticipates that most grants awarded during 2006 will be under \$25,000. For more information, go to: www.rgkfoundation.org/guidelines.php.

Ten Tips for Grantwriting

From NPAction

It is good to learn from our own mistakes; it is even better to learn from the mistakes of others! Here are some tips on writing grant proposals, as you seek financial support for your important work. To view the tips, go to: www.npaction.org/article/articleview/630/1/262.

Google Gives Free Ad Space to Connect 501(c)3 Organizations to Online Donors

Many non-profits are benefiting from search advertising – they are attracting more donors, and more people in need. And best of all, for them, it's free. Google provides the advertising space at no cost. Google has given away \$33 million in free advertising to 850 non-profits in the last two years, says Sheryl Sandberg, Google's vice president of global online sales. "We don't see any limit to this. We want it to continue growing." To apply for Google Grants, groups must have a website and official non-profit status. A short application is available at: <http://services.google.com/googlegrants/application>.

Priority Topic: Parent Education

One-Day Seminars to Make Parenting Easier

Learning effective parenting skills along with other parents has been shown to be an exciting and energizing experience, as well as a way to reduce feelings of isolation in raising children and feelings of guilt over having difficulties in raising them. It is now possible for parents in every community to have these experiences through participating in one-day parenting seminars that are provided by the Center for the Improvement of Child Caring (CICC). To learn more about these programs and seminars, and how to bring them to your community, go to:

http://ciccparenting.org/NewsLetters/OneDaySeminar_colleague.htm.

Research-Based Guidelines: How Parents Can Maximize Children's Cognitive Abilities

In their highly practical chapter in Volume 5 of The Handbook of Parenting, professors Wendy C. Williams of the Department of Human Development at Cornell University and Robert J. Sternberg of the Center for the Psychology of Abilities, Competencies and Expertise at Yale University provide parents with ten lessons for maximizing their children's cognitive abilities. The lessons are based on rigorous empirical research from a wide range of disciplines regarding what is known to help or hinder a child's cognitive development. Drs. Williams and Sternberg have distilled the research evidence into practical lessons, or guidelines that parents can apply immediately. For more information and to read the full article, go to:

www.ciccparenting.org/NewsLetters/Parenting_for_Education1.htm.

Priority Topic: Home Visiting & 0-3 Services

Early Learning Breeds Success

Mike McGavick and Bill Gates Sr. wrote a special article in the Seattle Times discussing the importance of investing in early learning. They discuss the groundbreaking research on brain development that has been done in Seattle and elsewhere and the role of parents in nurturing children in their first years when they learn the most. Finally, they encourage investment in high-quality early learning experiences since these are cost-effective programs that improve a child's success in school, graduation rates and more. To read the full article (you'll have to register for free to access the archives), [click here](#).

Search Institute's Developmental Assets, Birth to Five

Since 1989, Search Institute has measured Developmental Assets in more than 1 million 6th to 12th graders in communities across the United States. The institute also developed appropriate sets of assets for infants, toddlers, preschoolers, and elementary-age children. More recently, under the auspices of the First Decade Project - funded by the Donald W. Reynolds Foundation - Search Institute has been able to conduct a more current and extensive review of the theory, research, and practice base for childhood development, and has synthesized the findings into appropriate sets of assets for early childhood and middle childhood. To view the developmental asset lists for the different age groups, go to: www.search-institute.org/assets/assetlists.html.

Home Visiting Skills Class

Fridays, January 27th, February 3rd, 17th and 24th, 12:30 - 5:30 pm

Enhance skills & techniques for effective home visiting in various settings & age groups, including building relationships, setting goals & documentation, safety & ethics, observation & personal skill assessment. This class includes a field study. To register for this and other Family Support Studies classes at Edmonds Community College, go to: <http://enroll.edcc.edu>.

Booklet: Child Development – Birth to Age 3 in Spanish

This booklet, from the Channing-Bete Company, describes some of the rapid changes that occur in a child's first three years, with particular emphasis on physical, emotional, language, and mental development. It is filled with advice to help parents get their child off to the best possible start. For more information, or to order, [click here](#).

Companion Report Describes Community-based, Targeted Strategies for Vulnerable Young Children

The executive summary and full report of Resources to Promote Social and Emotional Health and School Readiness in Young Children and Families - A Community Guide, can help parents and other early care providers be more effective in promoting healthy relationships and reducing challenging behavior in infants, toddlers, and preschoolers. For more information, go to: http://nccp.org/pub_rps05.html.

Translating School Readiness: How to Talk About Investing in Young Children

This new issue brief from Voices for America's Children explores new thinking behind strategic message framing techniques used to build public support for policies that ensure that all children – beginning at birth – have access to the supports and experiences they need to succeed in school and in life. It focuses on ways in which the efforts of child advocates and policymakers to improve children's policy – particularly school readiness policies – are hindered by the language they use to describe what children need. While research indicates that the public and policymakers want the same things for kids – quality early learning opportunities, access to health care, safe communities, and nurturing caregivers, to name a few – they often use different language to describe those things. This brief addresses the challenge of finding ways to bridge that language gap and offers tips on how to talk about child development and school readiness in ways that will build public support. The brief is available at: www.voicesforamericaschildren.org/ece/schoolreadiness.

Priority Topic: Child/Youth Involvement

Administration Focuses on Positive Youth Development

Positive youth development is one of several key national priorities defined by the Administration for Children and Families (ACF). Rather than tie positive youth development to a set of activities or program type, ACF's Family and Youth Services Bureau defines positive youth development as "an approach toward all youth that builds on their assets and their potential and helps counter the problems that affect them." One of the key elements of this approach includes engaging youth as active partners and leaders who can help move communities forward. To read the full Summer 2005 Child Care Bulletin newsletter which is devoted to this issue, go to: <http://www.nccic.org/ccb/issue29.pdf>.

Handbook of Youth Mentoring

The Handbook of Youth Mentoring provides a synthesis of current theory, research, and practice in the field of youth mentoring. It also explores mentoring that occurs within formal programs and natural mentoring relationships that youth establish with adults outside of such programs. For additional information and to learn how to order the handbook, go to: www.sagepub.com/book.aspx?pid=10596.

Listen to the Youth Count Audio Conference

Listen to, or view the transcript from, the Youth Count audio conference call. This call highlighted the work of Kids Count grantees engaged in collecting new indicators, forming new strategies and becoming more comprehensive in their approach to youth policy. To access the conference call, [click here](#).

Priority Topic: Health & Mental Health

Free Accredited Online Course Understanding Substance Use Disorder, Treatment and Family Recovery: A Guide for Child Welfare Professionals

This free course is offered online and intended for child welfare professionals. Topics to be discussed include how parents' substance use disorders contribute to child abuse and neglect and steps to take when you identify substance abuse as a factor in cases of child abuse and neglect. The course is approved by the National Association of Social Workers for four Continuing Education Units (CEUs) – there is no charge to obtain the CEUs. For more information and to register, go to: www.ncsacw.samhsa.gov/tutorials.

State Approaches to Promoting Young Children's Healthy Mental Development

This report examines how states are addressing the healthy mental development of children ages birth to 3 and is based on a survey of Medicaid, maternal and child health, and children's mental health agencies in all 50 states and the District of Columbia. The report addresses critical issues confronting states, common approaches to addressing them, and promising new initiatives that states have undertaken to improve systems of care for young children's social emotional development. To read the full executive summary, go to: www.cmwf.org/publications/publications_show.htm?doc_id=325120.

Early Childhood Mental Health Resources

This is a compilation of early childhood mental health resources from the National Child Care Information Center. It includes Federal agencies and national organizations with information about early childhood mental health, professional development on early childhood mental health issues, and general mental health topics. The publications listed have information on collaborative efforts that address the mental health needs of children in child care and general information on the mental health of young children. To review this resource, go to: www.nccic.org/poptopics/ecmhealth.html.

Study Cites Gingivitis as Risk Factor for Pre-term Birth & Low Birth Weight

A new study published in the Journal of Periodontology suggests that gingivitis, the earliest form of periodontal disease, is an independent risk factor for pre-term birth and low birth weight. Women in the study who had gingivitis but received periodontal therapy before 28 weeks of gestation had a significantly lower incidence of pre-term delivery and low birth-weight babies than women who did not receive the therapy. These findings mirror the other two intervention studies in which periodontal treatment was found to reduce pre-term births and low birth-weight babies in pregnant women who had moderate to severe, chronic periodontal disease. To view the abstract of this study, go to: www.joponline.org/doi/abs/10.1902/jop.2005.76.11-s.2144.

Mood Disorders in Women Seminar

Dr. Zachary Stowe is presenting at this free breakfast seminar on Tuesday, Jan. 24th 2006 at the South Center DoubleTree from 7:30 am to 9:30 am. Zachary N. Stowe, MD is Director of the Women's Mental Health Program, and directs the Electrophysiology Research Laboratory at Emory University. Dr. Stowe is an Associate Professor of Psychiatry and Behavioral Sciences and Gynecology and Obstetrics at Emory University School of Medicine in Atlanta, Georgia. Dr. Stowe is an international speaker, and researcher on women's mental health through the life stages including during menses, pregnancy, lactation and menopause. He has researched effects of medication and stress on both mother and infant. For more information or to register, call Linda Reutimann at: 1-800-496-3772 mailbox 85257, or email Linda.j.reutimann@gsk.com.

Priority Topic: Management & Organizational Issues

Cash Flow – 10 Ways to Stretch Your Dollars

It's doubtful anyone will confuse a college with a church or a local preservation society. But all three forms of nonprofit share a need for a green, serial-numbered friend: cash. Like anywhere else, money keeps the

lights on. If your nonprofit starts to run low on those much-needed dollars, you might be faced with the somber process of making budget cuts, or eliminating programs or staff, according to Gregory Dabel, author of *Saving Money in Nonprofit Organizations*. "The basic premise is being a wise steward of the limited resources," Dabel said. "Any business faces that challenge. Not everyone does it well." To read the full article, go to: www.nptimes.com/enews/Dec05/news-1212_1.html.

Special Report: Five Smart Ideas to Grow your Fundraising Organization

The challenges faced by nonprofit professionals today include raising money in a tough economic environment, dealing with increased competition for donor dollars, and satisfying increasingly complex constituent demands, to name a few. These challenges must be met with a combination of smart ideas, careful planning, and capable technology. This Special Report will show you how to "Leverage the Power of Online Fundraising", "Use Your Web site to Build Stronger Relationships", "Learn From Every Constituent Time", and "Maximize Every Donor's Giving Potential." To read the full report, [click here](#).

Book: Strategic Planning Workbook for Nonprofit Organizations

This book by Bryan W. Barry, has been revised and updated for 2005. It is designed to assist nonprofit organizations in developing a strategic plan. Section 1 discusses using strategic planning to determine what your organization intends to accomplish and how the organization and its resources will be directed toward accomplishing these goals over the coming months and years. Information is provided for developing a vision, finding a fit among the organization's mission, outside opportunities, and internal capabilities, and the benefits and limitations of developing a strategic plan. Steps for developing a strategic plan are outlined, and factors that should be considered when undertaking a strategic planning process are reviewed. Section 2 provides a step-by-step guide for developing a strategic plan for an organization. For more information about this book or to order, [click here](#).

Online Seminar: Managing Legal risks in a Nonprofit Organization

The Nonprofit Risk Management Center will offer a Web-based seminar, "Managing Legal Risks in a Nonprofit Organization," on Wednesday, January 4, 2006 at 2 p.m. EST. The seminar covers liability basics and how to use a wide range of legal resources to inform decision-making in nonprofit organizations. Topics will include minimizing the risk of lawsuits and claims, protecting a nonprofit's position in a legal battle, legally-compliant management of nonprofit affairs and preparation to withstand legal challenges. Materials include a "follow-along" visual presentation for use on the day of the seminar, as well as background information, advice, samples and checklists. For more details or to register, go to: http://nonprofitrisk.org/training/2005/webinars_descrp.htm#010406.

Mission and Money: How to Bring Entrepreneurship into Your Organization

Pete F. Drucker, in a 1996 interview, said "An entrepreneur is someone who gets something new done." He also said, "The social entrepreneur changes the performance capacity of society." Entrepreneurial techniques can be used by each of us today to move our organizations toward that goal. For tips on how to utilize these techniques and to read the full article, go to: www.onphilanthropy.com/tren_comm/tc2005-12-22.html.

Special Topic: Cultural Connections

Spanish Guide to the Child Welfare System

The eminently readable "A Family's Guide to the Child Welfare System" is now available in Spanish. Written in a question-and-answer format to help families navigate the complexities of the child welfare system, this guide was first published at the end of 2003 and now has been made available in Spanish. Families whose first language is Spanish will be able to find information about such topics as Child Protection Services, service planning, foster care, the court process, and parental rights. The 140-page "Guia" is available if you [click here](#).

The Role of State Early Childhood Comprehensive Systems in Promoting Cultural Competence and Effective Cross-Cultural Communication

This new report from the UCLA Healthy Child program, explores what it means for services to be culturally competent and how State Early Childhood Comprehensive Systems (SECCS) grantees and others can work toward enhanced levels of competence. To download the full report, [click here](#).

Book: The Handbook For Working With Children and Youth: Pathways To Resilience Across Cultures and Contexts

This new book, compiled by Michael Unger, examines lives lived well despite adversity. Calling upon some of the most progressive thinkers in the field, it presents a groundbreaking collection of original writing on the theories, methods of study, and interventions that promote resilience. Unlike other works that have left largely unquestioned their own culture-bound interpretations of the ways children and youth survive and thrive, this volume explores the multiple paths children follow to health and well-being in diverse national and international settings. It demonstrates the connection between social and political health resources and addresses the more immediate concerns of how those who care for children create the physical, emotional, and spiritual environments in which resilience is nurtured. To learn more or for ordering information, go to: www.sagepub.com/prINTERfriendly.aspx?pid=11310&ptype=B.

Putting Data to Work for Immigrants and Communities

This report promotes the effective use of demographic data by community-based organizations working with and on behalf of immigrants. It offers tools for the Washington DC metro area as an example but is applicable in many communities. To download the full report, go to: www.migrationpolicy.org/pubs/PUTTINGDATATOWORK.pdf.

Immigrants and Health Insurance

Immigrants made up one-quarter of Americans who lacked health insurance in 2003, up from one-fifth a decade earlier, the nonpartisan Employee Benefit Research Institute said recently. Noncitizens were more than twice as likely as naturalized citizens to be uninsured, and those who arrived since 2000 were more than twice as likely to be uninsured as those who arrived before 1970. For more information on these findings, go to: http://www.ebri.org/files/PR_703_13June05.pdf.

Early Childhood Care and Education: Effects on Ethnic and Racial Gaps in School Readiness

Two social work researchers, Katherine A. Magnuson and Jane Waldfogel, examine black, white, and Hispanic children's differing experiences in early childhood care and education and explore links between these experiences and racial and ethnic gaps in school readiness. Children who attend center care or preschool programs enter school more ready to learn, but both the share of children enrolled in these programs and the quality of care they receive differ by race and ethnicity. The authors consider whether further increases in enrollment and improvements in quality would reduce school readiness gaps. They conclude that incremental changes in enrollment or quality will do little to narrow gaps. But substantial increases in Hispanic and black children's enrollment in preschool, alone or in combination with increases in preschool quality, have the potential to decrease school readiness gaps. Boosting enrollment of Hispanic children may be especially beneficial given their current low rates of enrollment. Policies that target low-income families (who are more likely to be black or Hispanic) also look promising. For more information on this research, go to: www.futureofchildren.org/usr_doc/pg_169_magnuson.pdf.

Immigrants and Refugees in Child Welfare: A Special Issue of Child Welfare Journal

Immigrant and refugee families and children represent the fastest growing portion of the U.S. population. Although public child welfare services agencies can play a pivotal role in providing necessary services to these families, too often they are unprepared to meet the special challenges presented by immigrants and refugees. In this special issue of Child Welfare, educators, researchers, direct services providers, and community activists address the unique needs of the immigrant and refugee population, sharing their knowledge to promote culturally competent practices, policies, and strategies. For more information, go to: www.cwla.org/pubs/pubdetails.asp?pubid=10331.

How African American React to Racism may Impact their Health

According to researchers at the San Francisco VA Medical Center and the University of California, San Francisco, African American patients' reactions to racism could have an important impact on their health. The study of 42 African Americans ages 50 and above with type 2 diabetes found two main patterns of reaction to racism. Patients who rated their health as "fair/poor" tended to take a passive approach – accepting or forgetting about it – while those who rated their health as "good/excellent" were more likely to respond actively – speaking up and attempting to change things. The study suggest that physicians need to be aware of how experiences of racism can affect African Americans' trust in the health-care system in general and medical advice in particular. Results of the study appear in the October 7, 2006, "OnlineEarly" section of the Journal of the American Geriatrics Society. To read the full article, go to: <http://pub.ucsf.edu/newsservices/releases/200510189/>.

Study Reveals Challenges of Broadening Community Responsibility for Child Protection

Chapin Hall's new evaluation of a popular child welfare reform designed to broaden responsibility for child protection to all community agencies and residents found that the effort improved child welfare practice but had no consistent impacts on child abuse reports, service availability, or service quality. The four-year-study evaluated the Community Partnerships for Protecting Children (CPPC) pilot initiative, a reform effort embraced by many in the child welfare field as representing improvements over standard child welfare practice. CPPC was initially developed and disseminated by the Edna McConnell Clark Foundation and technical assistance and support was provided through the Center for the Study of Social Policy. The evaluation was conducted by Deborah Daro, who has directed some of the largest multi-site program evaluations in the field of child abuse treatment and prevention, along with Stephen Budde, Stephen Baker, Ande Nesmith, and Allen Harden. For more information, go to:

www.chapinhall.org/article_abstract.aspx?ar=1420&L2=61&L3=129.

What's Wrong with Children's Rights

In this book, Martin Guggenheim analyzes the most significant debates in the children's rights movement – from foster care to adoption to visitation rights and beyond. His online chat with Connect For Kids was held on December 7th and is now available on the web. For more information, go to:

www.connectforkids.org/node/3631.

Preventing Child Neglect in Your Community: Everyone has a Role to Play

With so much going on in our world today, how can you direct people's attention to this devastating form of child abuse – and promote active, ongoing involvement with efforts to end it? This new tool helps you do both – with facts about: actions that community members can take as individuals and as part of an organized effort to help prevent child neglect; the particularly harmful effects of neglect; and causes and signs of neglect. To learn more about this booklet from Channing-Bete and to order, [click here](#).

Announcements

Washington State Special License Plate Offers Motorists New Opportunity to Put the Brakes on Abuse and Neglect

Beginning January 3, 2006, the new *Keep Kids Safe* special license plate (http://www.wcpcan.wa.gov/temp_plate.asp) will make its debut at all Washington State Vehicle Licensing Offices. The *Keep Kids Safe* special license plate bears five colorful, tiny handprints. For each *Keep Kids Safe* license plate sold, \$33 goes directly to the Children's Trust Fund of Washington, a special fund within the state treasury for donations used by the Washington Council for Prevention of Child Abuse and Neglect (WCPCAN) to support child abuse prevention. Funds from the plates will come back to local communities in the form of grants to support programs and services that help to keep kids safe. For more information on the *Keep Kids Safe* special license plate program, visit the Washington Council for Prevention of Child Abuse and Neglect website: <http://www.wcpcan.wa.gov>. To learn how to purchase a *Keep Kids Safe* plate, visit the Department of Licensing website: <http://www.dol.wa.gov/vs/specialtyplates/reqkks.htm>.

Washington Council for the Prevention of Child Abuse and Neglect
Children's Trust Fund of Washington
318 1st Ave. S. Suite 310
Seattle, WA 98104
(206) 464-6151
wcpcan@dshs.wa.gov